

## Safety Stand-Down Event Playbook

### ⚠️ Why this matters?

Falls are the **#1 leading cause of fatalities and serious injuries** in the workplace. Most of these incidents are preventable with the right training, equipment, and planning.

Use this flyer to help guide your Safety Stand-Down event. Whether you pause work for 15 minutes or a full hour, covering these essential topics can make all the difference.

### Must-Cover Safety Topics

#### 1. Fall Protection Basics

- When fall protection is required (e.g. 4' general industry, 6' construction)
- ABCs of Fall Protection: Anchorage, Bodywear, Connecting Devices

#### 2. Harness Fit & Daily Inspection

- How to properly don and adjust a harness
- Signs of damage: stitching, webbing, corrosion
- Impact indicators & removing harness post fall

#### 3. Fall Clearance & Total Fall Distance

- How to calculate proper fall clearance
- Importance of swing fall prevention

#### 4. Aerial Lift & Scissor Lift Safety

- When fall protection is required (always in boom/aerial lifts)
- Common mistakes: tying off to guardrails, not reading manufacturer's instructions

#### 5. Anchor Points

- Rated anchorage vs. improper anchor points
- Temporary vs. permanent systems

#### 6. Rescue Planning

- The importance of rescue procedures
- What to do in the event of a fall

### Pre-Event Prep

- Choose a date and notify all employees
- Identify relevant topics based on your work environment
- Invite a safety manager, foreman, or product rep
- Print handouts, inspection forms, or training materials
- Gather harnesses, lanyards, and anchors for demonstration
- Designate someone to take attendance



### ENGAGEMENT IDEAS

#### 1. Equipment Inspections

- Allow workers to inspect their own gear
- Explain inspection criteria for removing gear from service

#### 2. Share Safety Videos or Personal Stories

- Highlight actual hazards from previous job sites

#### 3. Offer a quiz or raffle ticket for participation

#### 4. Post follow-up materials and posters after the event.

- Free fall protection poster available from FrenchCreek

### Post Event

- Collect attendance sheet of sign-in form
- Document topics discussed and actions taken
- Submit documentation if participating in OSHA's National Safety Stand Down
- Schedule followups for additional training or toolbox talks